

General Resources and Supportive Services

Lewis County

CLOTHING / SHELTER

- American Red Cross (only in the event of a fire or flood)** 360-748-4607
57 W Main Street, Suite 245, Chehalis
- Centralia Seventh Day Adventist Church** 1607 Military Road, Centralia 360-736-4262
Clothing bank every Wednesday from 11:00am to 2:00pm
- Gather Church Clothing & Food Bank** 104 S Rock Street, Centralia 360-827-0264
Distribution & Donation Times
- Thursdays from 5:30pm to 6:30pm
- Emergency assistance available
- Items also available by appointment
Free meal every Thursday at 6:30pm
- Housing Resource Center of Lewis County** (formerly Lewis County Shelter Program) 360-736-5140
621 S Diamond Street, Centralia; www.lewiscsp.org
Men's shelter, family shelter, transitional housing, single unit housing
- HousingSearchNW.org** A free service to list and find housing across the state of Washington.
- Hub City Mission by Bethel Church** 416 N Tower Avenue, Centralia
Shelter: Cold weather shelter between the hours of 7:00pm and 7:00am when the temperature is expected to drop below 38 degrees.
Table Ministry: Serves weekly lunches every Tuesday.
- Doors open at 11:00am and close at 1:00pm with a hot lunch served between 11:30am and 12:30pm.
Food Box: Last Saturday of each month beginning at 9:00am
Fresh Market Items: Second Saturday of each month from 9:00am to 10:00am
Bicycle Workshop: Last Saturday during the summer only from 9:00am to 11:00am
- Bring your bike for a tune up, chain lube, flat tire repair, etc.
- HUD Housing (Sec 8)** 360-423-0140
(Housing Opportunities of SW Washington formerly Longview Housing Authority) Toll Free 866-570-8840
- Kids' Clothing Bank and Exchange** Kids' clothing, 6 months to 6T. 360-748-3702
Chehalis First Christian Church: 111 NW Prindle, Chehalis
Every Saturday from 1:00pm to 3:00pm.
- Lewis County Gospel Mission** A safe, warm place to get out of the weather, meet friends and relax. 360-996-4474
72 SW Chehalis Avenue, Chehalis
Food Ministry - Onsite hot food, coffee, and water
- **Breakfast** served Monday through Friday from 8:00am to 9:00am
- **Lunch** served Monday through Friday from 12:00pm to 2:00pm
- **Saturday and Sunday** breakfast only from 9:00am to 11:00am
Clothing Ministry - Adult and children's clothing, coats, shoes, and boots
- Monday through Friday from 10:00am to 2:00pm
Food Bags
- Monday through Friday from 10:00am to 2:00pm
Shower
- Monday, Wednesday, and Friday from 9:00am to 11:00am
Telephone - Office phone available
Emergency Daily Bus Pass
- Monday through Friday from 10:00am to 2:00pm

CLOTHING / SHELTER continued

- Lifelong Housing Safety Net** www.housingsafetynet.org Toll Free 855-424-4113
Provides support to households impacted by the foreclosure crisis who have a family member living with a chronic illness. Fax 253-344-5992
E-mail: housingsafetynet@solid-ground.org
- Reliable Enterprises** 203 W Reynolds Avenue, Centralia 360-736-0679
Help with rent and utilities.
- SAFE Family Ministries** (serves women and women with children) 360-740-1001
3149 Jackson Highway (P.O. Box 935), Chehalis
- Salvation Army Shelter** 808 5th Avenue SE, Olympia 360-352-8596
- Twin Cities Mission for Women & Children** 360-330-2130
- White Pass Community Services Coalition** 360-496-5405
123 Main Street, Morton 360-496-5404
Limited housing assistance for East Lewis County residents residing from Onalaska to Packwood.
- Women Dressing for Success Clothing Bank**
Second Saturday of every month at Sewsie's Salon in the Fairway Center from 11:00am to 2:00pm

SOCIAL HEALTH SERVICES DEPARTMENT

- Abuse & Assault - Adult** 877-734-6277
- Abuse & Assault - Children** 888-713-6115
- Adoption Services - Children & Family Services** 360-807-7080
- Domestic Violence Hotline Information & Referral** 800-562-6025
- Family Reconciliation Services** 360-807-7080
- Victim/Witness Notification Program** 800-422-1536
- Welfare Fraud** 800-562-6906

DISABILITIES

- Developmental Disabilities Administration** 360-807-7151
3451 Galvin Road, Centralia
- Division of Vocational Rehabilitation** (retraining) 360-807-7180
3401 Galvin Road, Centralia
- In-Tot Developmental Center** 701 Pioneer Way, Centralia (<http://www.in-tot.com/>) 360-736-4359
Serving children and their families, providing education, developmental information, assessment and evaluation, speech therapy, occupational and feeding therapy. Family services coordination, information for community resources. Child development information. Parent-to-parent and parent support groups also.
- Lewis County Social Services** 360-740-1284
Developmental Disabilities
175 SW Cascade Avenue, Chehalis
- Lewis County Work Opportunities** www.lcworkop.org 360-748-9921
122 Sears Road, Chehalis
Provides industrial job training, supported employment, job coaching, and job development services.
E-mail: info@lcworkop.org

COMMUNITY MEALS

- First United Methodist Church** 506 S Washington Avenue, Centralia 360-736-7311
Free dinner on the last two Mondays of the month starting at 5:30pm
- Free Hot Soup Centralia** Amtrak station in Centralia (210 Railroad Avenue)
Wednesday and Sunday nights from 5:30pm to 6:30pm
Soup, bread, cookies, and hot drinks
No preaching -- just food shared with love.
- Gather Church Clothing & Food Bank** 104 S Rock Street, Centralia 360-827-0264
Free meal every Thursday at 6:30pm
- Hub City Mission by Bethel Church** 416 N Tower Avenue, Centralia
Table Ministry: Serves weekly lunches every Tuesday.
- Doors open at 11:00am and close at 1:00pm with a hot lunch served between 11:30am and 12:30pm.
- Lewis County Gospel Mission** A safe, warm place to get out of the weather, meet friends and relax. 360-996-4474
72 SW Chehalis Avenue, Chehalis
Food Ministry - Onsite hot food, coffee, and water
- **Breakfast** served Monday through Friday from 8:00am to 9:00am
- **Lunch** served Monday through Friday from 12:00pm to 2:00pm
- **Saturday and Sunday** breakfast only from 9:00am to 11:00am
Food Bags
- Monday through Friday from 10:00am to 2:00pm
- Salvation Army** 303 N Gold Street, Centralia (corner of Maple & Gold) 360-736-4339
Sack Lunches: Mon.-Fri. 11:00am-11:45am
- Serving Soup God's Way** sponsored by Jesus Name Pentecostal Church 360-623-9438
Hot soup every Sunday at Rotary Riverside Park in Centralia from 1pm to 3pm 360-878-5353
- St. Timothy Episcopal Church** 360-748-8232
Mobile Ministry: A hot meal is provided at the Salvation Army parking lot in Centralia from 10:45am to 12 noon on Saturdays.
Pet food is also offered to guests that need help feeding their dogs and cats.

LIBRARIES

- Timberland Regional Library**
- | | |
|-----------|--------------|
| Centralia | 360-736-0183 |
| Chehalis | 360-748-3301 |
| Oakville | 360-273-5305 |
| Packwood | 360-494-5111 |
| Randle | 360-497-2665 |
| Salkum | 360-985-2148 |
| Tenino | 360-264-2369 |
| Winlock | 360-785-3461 |

MEDICAL / DENTAL / VISION

Access to Baby & Child Dentistry Choice Regional Health Network- www.crhn.org 1217 Fourth Avenue E, Suite 200, Olympia Oral health/nutrition education and help with access to dental care for low-income families with young children.	360-539-7576 ext. 103
AIDS/HIV Information (Pierce County AIDS Foundation) www.piercecountyaids.org	Olympia 360-352-2375 Tacoma 253-383-2565
Airway Heights' Correctional Industries Optical Center Medicaid clients who need new eyeglasses should ask their providers to call.	888-606-7788
Affordable Dentures 3801 S Steele Street, Tacoma New full set of dentures starts at \$380.00	253-475-9015
Aspen Dental Special on replacement dentures starting at \$249.00; located in Longview	360-414-1400
Cascade Mental Health Care 2428 Reynolds Avenue, Centralia	360-330-9044
Grays Harbor Regional Support Network (RSN)	360-532-8665
Eye Glasses Elks Club Auxiliary (for both children and adults) Must fill out an application - Open at noon on Tuesdays, Wednesdays, and Thursdays - Takes approximately one to two months to receive the eye glasses if approved	360-669-0158
Family Health Center Dental Clinic 1057 12th Avenue, Longview	360-414-1300
Health & Hope Medical Outreach contact@hhmo.org 1707 Cooks Hill Road, Centralia (inside Centralia Specialty Clinic) FREE medical clinic for all ages - Tuesdays from 5:30pm to 8:30pm - Walk-ins welcome	360-623-1485
Medical Assistance Recipients Hotline	800-562-3022
Molina Healthcare's 24-Hour Nurse Advice Line For Spanish TTY for the hearing impaired	888-275-8750 866-648-3537 866-735-2929
Pope's Kids Place 230 Washington Way, Centralia	360-736-9147
Provider One	800-562-3022
Salvation Army 303 N Gold Street, Centralia (corner of Maple & Gold) Referrals for vision care for eye exam and glasses for qualified individuals. Call for more information.	360-736-4339
Valley View Health Center (Medical/Dental) 1800 Cooks Hill Road, Suite G, Centralia (Walk-In clinic; Medical) 2428 Reynolds Avenue, Centralia (inside Cascade Mental Health Care; Medical) 230 Washington Way, Centralia (Pediatrics) 2690 NE Kresky Avenue, Chehalis (Medical and Dental) 148 Division Avenue, Morton (Dental) 1810 Highway 508, Onalaska (Medical) 402 N Main Street, Pe Ell (Medical) 117 Ramsey Way, Toledo (Medical) 615 Cemetery Road, Winlock (Medical)	360-736-3042 360-669-0335 360-388-3259 360-330-9595 360-496-5101 360-978-6600 360-291-3232 360-864-4400 360-785-9400

MEDICAL / DENTAL / VISION continued

Vision USA (low income eye care)	800-766-4466
Washington Healthplanfinder https://www.wahealthplanfinder.org/	855-923-4633
	TTY 855-627-9604
WIC	800-322-2588
360 NW North Street, Chehalis	360-740-1255

SUBSTANCE ABUSE

Alcohol and Drug 24 hr Help Line	800-562-1240
American Behavioral Health Systems, Inc. 500 SE Washington Avenue, Chehalis Provides residential substance dependence treatment for up to 210 persons.	360-748-4776
Cascade Mental Health Care 2428 Reynolds Avenue, Centralia	360-330-9044
Community Allied Behavioral Health (CABH) 1787 NE Kresky Avenue, Chehalis Fax number	360-748-4339 360-748-3349
Counseling (Christian Based) Grace Foursquare Church - Celebrate Recovery, Centralia Mossyrock Assembly of God	360-736-0778 360-983-3342
Eugenia Center 121 NW Chehalis Avenue, Chehalis Fax number	360-740-9767 360-740-5484
New Directions Counseling, LLC 1956 Kresky Avenue, Chehalis	360-740-4380
Recovery Care Unit at Providence Centralia Hospital 914 S Scheuber Road, Centralia Offers detox services to individuals with severe, unstable withdrawal from alcohol, benzodiazepine or opioids. In order to be admitted, the individual needs to get a referral from their primary care provider or other treatment provider.	360-827-7200
U-Turn Ministries HELPS Jesus Name Pentecostal Church This program provides services to people dealing with alcohol and substance abuse, which include one-on-one counseling and mentorship, life skills classes, and coping skills classes.	360-748-6818 360-878-5353
12 Steps Club 2100 N National Avenue, Chehalis Located in the SW corner of the Yard Birds Shopping Center.	360-748-6818

MENTAL HEALTH / COUNSELING SERVICES

Cascade Mental Health Care 2428 Reynolds Avenue, Centralia	360-330-9044
Eugene Cummings, M.R.Ed. LCMHC 16 SE Adams Avenue, Chehalis (www.eugenecummings.com) Accepts many types of insurance, check with insurance provider and contact Eugene for details.	360-748-0904
Evergreen Psychological Associates 201 N Rock Street, Centralia	360-623-1018
Linda Dennis, LICSW 1000 Kresky Avenue, Suite 6, Centralia Accepts many types of insurance. Appointments in evenings and Saturdays.	360-704-0527
Master's Counseling Service 1018 Mellen Street, Centralia	360-736-6666
Northwest Family Therapy 1018 Mellen Street, Centralia	360-736-1930
Philip Williams, MA, LMHC (Steck Medical Group) 1299 Bishop Road, Chehalis	360-740-4050
Phoenix Therapeutic and Consulting Services 1673 S Market Boulevard, Chehalis http://www.phoenixtherapeutic.net/	360-827-1666
Sandy Zion 2451 NE Kresky Avenue, Chehalis	360-520-2253
Shereen Bennight Counseling 120 NW Pacific Avenue, Chehalis Offers a sliding fee scale based on income. Please call for details.	360-748-8660
Sherri L. Hamilton, MA, LMHC (Breath of Life Inc.) 625 S Diamond Street, Centralia Accepts many types of insurance including Molina and Community Health Plan of Washington.	360-807-8476
Truman & Associates (Kim Carlson) 34 NE Boistfort Street, Chehalis	360-740-6264
Valley View Health Center - Behavioral Health 2690 NE Kresky Avenue, Chehalis	360-330-9598
Words of Hope Counseling (Sandra Ames, MA, LMHC) 540 W River Road, Centralia (www.sandraames.com)	360-269-1780

TELEPHONE ASSISTANCE

Assurance Wireless (Virgin mobile)	888-898-4888
For more information call or go online to www.assurancewireless.com/Public/Welcome.aspx	
Lifeline & Link-Up Subsidized Cell Phone Programs (AT&T or Sprint)	
For AT&T's Program	800-377-9450
(http://www.wireless.att.com/about/community-support/lifeline-link-up.jsp)	
For Sprint's Program	888-408-3306
(http://www.nextel.com/en/services/calling/universal_lifeline_program.shtml)	
Lifeline Program	http://www.lifelinesupport.org/lis/
The Lifeline Program provides a discount for one telephone line per eligible household available through your telecommunications company. To apply for a discount, you must contact your telecommunications company or designated state agency directly.	
SafeLink Wireless	
For more information (www.SafeLink.com) or 1-800-SAFELINK	800-723-3546

BASIC EDUCATION / LITERACY

Phoenix Center	360-736-9391
Centralia College (GED) Learning Resource Center	ext. 216
GRAVITY (Lewis County Youth Programs)	360-748-4441
135 Prindle Street, Chehalis	
Helps students with GED preparation (and in some cases credit retrieval), provide study and testing aid, as well as cover the costs of GED testing.	

HEALTH DEPARTMENT

Birth Marriage Divorce & Death Certificates (statewide)	360-236-4300
Lewis County	360-740-1222
Healthy Mothers / Healthy Babies (WIC)	800-322-2588
Immunizations (statewide)	360-236-3595
Lewis County	360-740-1223
Injury Prevention (statewide)	360-236-3687
Lewis County WIC (Women Infants Children)	360-740-1255
Newborn Screening (statewide)	206-418-5410
Lewis County	360-740-1236
Tuberculosis Program (statewide)	360-236-3443
Lewis County	360-740-1226

MULTI-AGENCY RESOURCE CENTER

- American Red Cross (only in the event of a fire or flood)** 360-748-4607
57 W Main Street, Suite 245, Chehalis
- Auto-Care Ministry of Centralia Church of the Nazarene** 360-736-9981
1119 W First Street, Centralia <http://www.centraliachurch.com/#/home/auto-care>
Provides quality minor vehicle repairs and maintenance to those of the church and in the community who are single moms, widows, spouses of deployed military or financially distressed.
- Meets on the third Saturday of each month (except July & December) at 8:00am
 - A completed application is required for each owner to have their vehicle serviced & needs to be received in the church office at least one week before the next service date.
 - Provide LABOR ONLY. Each applicant is expected to pay for the parts & materials in the repairs or maintenance of their vehicle.
- Community Action Council** 409 N Tower, Centralia <http://www.caclmt.org/> 360-736-1800
(energy assistance, water assistance, weatherization) 800-952-8012
- Community Youth Services (CYS)** <http://www.communityyouthservices.org/> 360-943-0780
711 State Avenue NE, Olympia (also serve Lewis County residents) Toll Free 888-698-1816
Community Youth Services empowers youth at-risk and their families to meet their goals for safety, stability, belonging and success by providing a continuum of individualized services and advocacy.
- First United Methodist Church** 506 S Washington Avenue, Centralia 360-736-7311
Free dinner on the last two Mondays of the month starting at 5:30pm
- Gather Church Clothing & Food Bank** 104 S Rock Street, Centralia 360-827-0264
Distribution & Donation Times
- Saturdays from 3:30pm to 4:30pm and Thursdays from 5:30pm to 6:30pm
 - Emergency assistance available
 - Items also available by appointment
- Free meal every Thursday at 6:30pm
- Hub City Mission by Bethel Church** 416 N Tower Avenue, Centralia
- Shelter: Cold weather shelter between the hours of 7:00pm and 7:00am when the temperature is expected to drop below 38 degrees.
- Table Ministry: Serves weekly lunches every Tuesday.
- Doors open at 11:00am and close at 1:00pm with a hot lunch served between 11:30am and 12:30pm.
- Food Box: Last Saturday of each month beginning at 9:00am
- Fresh Market Items: Second Saturday of each month from 9:00am to 10:00am
- Bicycle Workshop: Last Saturday during the summer only from 9:00am to 11:00am
- Bring your bike for a tune up, chain lube, flat tire repair, etc.
- Human Response Network** 125 NW Chehalis Avenue, Chehalis 800-244-7414
Elder abuse, Domestic Violence, Sexual Assault
Chehalis 360-748-6601
Spanish Speakers 360-880-0515
- Love INC** - PO Box 152, Chehalis (under \$100) 360-748-8611
Limited assistance utility bill, gas/food voucher, furniture, fire wood, 360-748-8621
transportation to medical appointments, wheelchair ramps, etc.

MULTI-AGENCY RESOURCE CENTER continued

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Clothing Ministry - Adult and children's clothing, coats, shoes, and boots
- Monday through Friday from 10:00am to 2:00pm
Food Bags
- Monday through Friday from 10:00am to 2:00pm
Shower
- Monday, Wednesday, and Friday from 9:00am to 11:00am
Telephone - Office phone available
Emergency Daily Bus Pass
- Monday through Friday from 10:00am to 2:00pm
- Salvation Army** 303 N Gold Street, Centralia (corner of Maple & Gold) 360-736-4339
Family Service Hours: Mon.-Fri. 10:00am-4:00pm (*closed 11:45am-1:00pm for Lunch*)
Food Bank: Mon.-Fri. 10am-3:45pm (*closed 11:45am-1:00pm for Lunch*)
Sack Lunches: Mon.-Fri. 11:00am-11:45am
Case Management: **By phone only** Mon.-Thurs. 10:00am-11:45am & 1:00pm-2:45pm
(*You may call us to make an appt. to see the Social Worker for help with issues such as housing, food, referrals to other help in the area, or other needs you may have*)
Information & Referral: Mon-Thurs 9am-4pm (*you may call to get help to find what services you need*)
Rental &/or Utility Assistance
Applications accepted Monday through Thursday.
- St. Timothy Episcopal Church** 360-748-8232
Mobile Ministry: A hot meal is provided at the Salvation Army parking lot in Centralia from 10:45am to 12 noon on Saturdays.
Pet food is also offered to guests that need help feeding their dogs and cats.
- St. Vincent de Paul**
- Help in small amounts for shelter costs (rent and utilities) and help with groceries.
For help in Centralia and Chehalis please contact the Centralia and Chehalis Conference of St. Vincent de Paul. 360-623-1144
For help in outlying areas that are anywhere south and east of Chehalis, such as Mossyrock, Napavine, & Winlock, please contact the Toledo Conference of St. Vincent de Paul. 360-864-4130
- Reliable Enterprises** 203 W Reynolds Avenue, Centralia 360-736-0679
Help with rent and utilities.
- White Pass Community Services Coalition** 360-496-5404
123 Main Street, Morton
- Limited help with rent, utilities, food, clothing, and gas.
- Provides general public fixed route commuter bus service from Packwood to Centralia/Chehalis through its LEWIS Mt. Hwy. Transit (LMHT).
Current LMHT route schedule is listed on Centralia College's website at <http://www.centralia.edu/students/transportation/>

GOVERNMENT LISTINGS

CITY AND TOWN

Centralia Animal Control	360-740-1105
Centralia Municipal Court	360-330-7667
Centralia Utilities	360-330-7512
Chehalis Municipal Court	360-345-1025
Chehalis Public Works	360-748-0238
Oakville Municipal Court	360-273-5531
Oakville Public Works	360-273-3591
Vader Public Works	360-295-3225

NON-EMERGENCY NUMBERS

Centralia Fire Department	360-330-7681
Centralia Police	360-740-1105
Chehalis Fire Department	360-748-3394
Chehalis Police	360-748-8605
Chehalis Tribal Law Enforcement	360-273-7009
FBI	260-622-0460
Grays Harbor County Sheriff	360-249-3711
Lewis County Central Dispatch	360-740-1105
Lewis County Sheriff	360-748-9286
Morton Fire Department	360-496-5183
Morton Police	360-496-6636
Mossyrock Fire Department	360-983-3456
Mossyrock Police	360-983-8115
Napavine Fire Department	360-262-3320
Napavine Police	360-262-9888
Oakville Police & Fire Department	800-281-6944
Onalaska Fire Department	360-978-4182
Packwood Fire Department	360-494-4123
Pe Ell Fire Department	360-291-0080
Randle Fire Department	360-497-7745
Rochester Fire Department	360-273-3593
Salkum Fire Department	360-985-2345
Toledo Fire Department	360-864-2366
Toledo Police	360-864-6041
Vader Fire Department	360-295-3694
Vader Police	360-295-3109
Washington State Patrol	
Non-Emergency	360-748-6633
Report Drunk Drivers	800-283-7805
Winlock Fire Department	360-785-4221
Winlock Police	360-785-3891

SOCIAL SERVICE AGENCIES

DSHS - Chehalis CSO		360-740-3800
Alcohol & Substance Abuse		360-740-1418
Centralia DCFS / Child Protective Service (CPS)	3401 Galvin Road, Centralia	360-807-7080
<u>Toll Free Intake:</u>	888-713-6115	<u>After Hours Intake:</u> 800-562-5624
Division of Child Support		
Olympia		800-345-9964
Vancouver		800-345-9984
Home & Community Services		360-807-7150
3451 Galvin Road, Centralia	Toll Free	800-487-0360
Lewis County Social Services	175 SW Cascade Avenue, Chehalis	360-740-1284
Developmental Disabilities		
Social Security Administration	www.ssa.gov/	800-772-1213
Hearing Impaired		TTY 800-325-0778
1821 Cooks Hill Road, Suite 100, Centralia		855-848-7942
- Monday & Tuesday, 9:00am-3:00pm; Wednesday, 9:00am-12:00pm; Thursday & Friday, 9:00am-3:00pm		

OTHER

American Cancer Society		800-227-2345
Brain Injury Alliance of Washington	www.biawa.org (facebook.com/braininjurywa)	877-982-4292
Offers 1:1 direct support throughout Washington for individuals with Brain Injury, caregivers, and loved ones.		
Child Care Aware of Washington	(http://wa.childcareaware.org)	800-446-1114
Child and Family Studies - Education for Families and Parenting		
Offered quarterly by Centralia College.		
Contact Linda Wilcox at 360-736-9391 ext. 464 or ext. 298		
Crime Stoppers of Lewis County		800-748-6422
Division of Child Support		
Olympia		800-345-9964
Vancouver		800-345-9984
The Early Childhood Education and Assistance Program (ECEAP)		
This program is designed for 3 and 4 year old children and their families. The program helps children and families with school readiness and school success.		
Contact Christina Martin at 360-736-9391 ext. 460		
Family Education & Supportive Services (Kinship Families)		360-754-7629
Are you Raising a Grandchild or other Relative Child?	Toll Free	877-813-3828
Lynn Urvina - Kinship Navigator; www.FamilyEducationAndSupport.org		
Lewis County Health Department		360-740-1223
Provider Svcs/Coordination of Benefits		800-562-6136
Washington Traumatic Brain Injury (TBI) Resource Center		877-824-1766
WASHCAP (Washington State Combined Application Project)		877-380-5784
WIC	360 NW North Street, Chehalis	360-740-1255 or 800-322-2588
Youth Advocacy Center of Lewis County	1911 Cooks Hill Road, Centralia (www.yaclc.com)	360-623-1990
Provide a child-focused and coordinated response to child victims of abuse, neglect, sexual assault and witnessing domestic violence or violence and their non-offending family members. They support through investigation, prosecution processes and connect them to services to get onto a path of health and well-being. They also provide free education on child abuse prevention and information through the Darkness to Light's <i>Stewards of Children</i> program		

HOTLINES

Alcohol and Drug 24 hr Help Line	800-562-1240
Domestic Violence Hotline	800-562-6025
Emergency Contraception Hotline	888-668-2528
Family Planning Hotline	800-770-4334
Hazardous Substance Hotline	800-633-7585
Lewis County Shelter Program Hotline	360-269-6688
Medical Assistance Recipients Hotline	800-562-3022
Mental Health Crisis Hotline	800-559-6696
Missing Children Clearinghouse	800-543-5678
Poison Hotline	800-222-1222
Provider One	800-562-3022
Suicide Prevention Hotline	800-559-6696
Teen Help Hotline	800-400-0900
Washington Recovery Help Line	866-789-1511
24-Hour Help for Substance Abuse, Problem Gambling & Mental Health	
WA State HIV/AIDS Hotline	800-272-2437
Youth Crisis Hotline	877-345-8336

SENIOR SERVICES

A Place for Mom Connecting families with care for older adults.	866-344-8005
Adult Protective Services	877-734-6277
Hearing Impaired	TTY 800-977-5456
Aging and Long-Term Support Administration (Long-Term Care Residential Options)	
https://www.dshs.wa.gov/altsa/residential-care-services/long-term-care-residential-options	
Area Agency on Aging	360-748-2288
1651 S Market Boulevard, Chehalis	Toll Free 888-702-4464
Catholic Community Services	360-345-1100
EyeCare America www.eyecareamerica.org/	
Must be 65 years of age or older. Please check website to see if you qualify.	
Homebound Meals	253-474-1200
	Toll Free 888-976-0712
Medicare Hotline	800-633-4227
Senior Community Service Employment Program (SCSEP)	877-872-5627
Community service and work-based job training program for older Americans.	
Participants work an average of 20 hours per week, and are paid the highest of federal, state or local minimum wage. Participants must be at least 55, unemployed, and have a family income of no more than 125% of the federal poverty level.	
www.doleta.gov/seniors	
Senior Information & Assistance	360-748-2288
Senior Transportation (Catholic Community Services)	360-748-0161
Must be 60 years of age or older	
Mainly for medical transportation	
Statewide Health Insurance Benefits Advisors (SHIBA)	800-562-6900
Information about health care	
Volunteer Chore Services	800-783-8193

HOSPITALS

Capital Medical Center	www.capitalmedical.com	888-667-9757
3900 Capital Mall Drive SW, Olympia		360-754-5858
Harborview Medical Center	www.uwmedicine.org/harborview	206-744-3000
325 Ninth Avenue, Seattle		
Mary Bridge Children's Hospital	www.multicare.org/mary-bridge-hospital/	253-403-1400
317 Martin Luther King Jr. Way, Tacoma		
Morton General Hospital	www.mortongeneral.org/	360-496-5112
521 Adams Avenue, Morton		
Providence Centralia Hospital	http://washington.providence.org/hospitals/centralia-hospital/	360-736-2803
914 S Scheuber Road, Centralia		
Providence St. Peter Hospital	http://washington.providence.org/hospitals/st-peter/	360-491-9480
413 Lilly Road NE, Olympia		
Seattle Children's Hospital	www.seattlechildrens.org/	866-987-2000
4800 Sand Point Way NE, Seattle		206-987-2000
Tacoma General Hospital	www.multicare.org/tacoma-general-hospital/	253-403-1000
315 Martin Luther King Jr. Way, Tacoma		
Woodland Urgent Care Center	http://steckmedical.com/urgent-care/	360-748-9822
1299 Bishop Road, Chehalis		

FACEBOOK RESOURCES

Washington Help Wanted

Lewis County For Sale, Wanted, Free

Lewis County- Free, wanted, needed, givin!

LEWIS COUNTY ANYTHING & EVERYTHING

Lewis Co & Surrounding Area Business, Advertisement Page

Centralia and Chehalis only wanted, free, or for sale

Thurston County Reduce, Reuse, Recycle

Unlimited: LC Free, Wanted & For Sale

Friends helping Friends of Lewis County

5\$ and under lewis county

Everything is \$5 and under

Cheaper then goodwill lewis county

Estate and Garage sales

Lewis County Furniture and Home Décor For Sale/Wanted

Lewis County yard and Garage Sales

Wanted Items ONLY!! Lewis County!

Lewis County Good Stuff For Sale

Lewis County Clothes: For sale or Trade

Lewis County Area: Free, Wanted, For Sale

Thurston & Lewis County Buy Sell Trade

Lewis County Pets & Livestock

Northwest Shop, Swap

LET'S BARTER!

Recipe Share

GiVe OnE TaKe OnE

Felons and Voting Rights

https://wei.sos.wa.gov/agency/osos/en/voters/pages/felons_and_voting_rights.aspx

National H.I.R.E. Network <http://www.hirenetwork.org/>

The National Helping Individuals with Criminal Records Re-enter through Employment Network is both a national clearinghouse for information and an advocate for policy change. The goal is to increase the number and quality of job opportunities available to people with criminal records by changing public policies, employment practices and public opinion. It also provides training and technical assistance to agencies working to improve the employment prospects for people with criminal records.

National Transitional Jobs Network <http://www.heartlandalliance.org/ntjn/>

The programs assist individuals in gaining permanent jobs. By working in a subsidized, transitional job for three to twelve months, they earn a paycheck, learn technical skills for higher wage jobs, become eligible for the Earned Income Tax Credit, and receive intensive mentoring and support.

Reinstate Your Driver's License <https://fortress.wa.gov/dol/dolprod/dsdreinstatements/>

The Department of Licensing has an online service that shows people what they need to do and who they need to contact to get their license back. Users can securely enter their personal information and the system will provide a printable list of the court issues and state requirements needing to be resolved. It also provides contact information for each item.

U.S. Pretrial & Probation Workforce Development for Western Washington

The Workforce Development Website for the Western District of Washington is a self-directed resource for Federal Pretrial and Probation clients. The services are dedicated in providing 800-339-3981 career assistance for individuals with criminal histories to obtain meaningful employment which in turn, improves the likelihood of job retention that reduces the rate of recidivism.

<http://pretrial.wawd.uscourts.gov/Workforce/index.html>

Washington Bonding Program <http://www.wa.gov/esd/oes/bond/default.htm>

The Washington Bonding Program provides, at no cost to the employer or applicant, individual fidelity bonds to employers for applicants who are, or may be, denied coverage by commercial carriers because of their at-risk status. The fidelity bonds issued by the WBP function as an employer job-hire incentive.

Washington State Employment Security Department Offender Resources

<http://www.wa.gov/esd/oes/default.htm>

PETS

- Almost Home Coalition** (www.folcas.org) 360-508-0151
P.O. Box 1421, Chehalis
- Animal Support Foundation** 360-736-3358
- The Cat's Meow Spay, Neuter & Adoption Project** 360-623-0820
Provide help with trap-neuter-release and low cost spay/neuter.
E-mail: director@catsmeowsnap.org
- Concern for Animals** helping those who cannot help themselves 360-456-8176
To promote the welfare of animals and keep families together, Concern for Animals (CFA) provides spay/neuter and medical care funding, pet food bank and rescue & adoption programs in the Thurston, Mason, and Lewis County area. (www.concernforanimals.org)
- Feline Veterinary Emergency Assistance** (<http://fveap.org/>)
Provide emergency financial assistance to cat and kitten guardians who are unable to afford veterinary services to save their companion when life-threatening illness or injury strikes.
- The Foundation for Animal Care and Education (FACE)** (www.face4pets.org) 858-450-3223
The FACE Foundation provides financial assistance to animal owners who are unable to cover the full cost of their pets' critical or emergency veterinary care.
- In Memory of Magic (IMOM)** "Helping people help pets" (www.imom.org)
- Lewis County Animal Shelter** 360-740-1290
560 Centralia-Alpha Road, Chehalis
- Luke's Legacy Spay and Neuter** Contact Heather at 253-431-6011
A non-profit organization providing financial assistance for spay and neuter.
- Magic Bullet Fund** (www.themagicbulletfund.org)
Helps people who have made room in their homes and hearts for a canine companion, but do not have the financial resources to provide cancer treatment.
- Pet Connection** 360-748-6236
Low cost spay/neuter for Lewis County Residents.
- The Pet Fund** (www.thepetfund.com) 916-443-6007
Provide financial assistance to owners of domestic animals who need veterinary care.
- RedRover** Bringing Animals from Crisis to Care (www.redrover.org) 916-429-2457
RedRover Relief: To help Good Samaritans, animal rescuers and pet owners meet the cost of emergency veterinary care they otherwise couldn't afford.
Grants for Domestic Violence: To help domestic violence victims escape abusive environments without having to leave their pets behind.
- Report Animal Abuse, Neglect, and/or Cruelty** 360-748-9286
360-740-1105
- SPAY/USA** 800-248-7729
- St. Timothy Episcopal Church** 360-748-8232
Mobile Ministry: A hot meal is provided at the Salvation Army parking lot in Centralia from 10:45am to 12 noon on Saturdays.
Pet food is also offered to guests that need help feeding their dogs and cats.
- Valhalla Rescue** (www.valhallarescue.org) 360-523-4059
Valhalla Rescue also runs the VCR ANIMAL FOOD BANK providing food, toys, blankets, vet care, micro-chipping, vaccines and emergency expenses to those in the homeless community that live with animals. Every month Valhalla Rescue searches out homeless camps and contacts other homeless organizations to locate and assist those living on the streets with companion animals to provide items necessary to maintain the human/pet bond. Valhalla Rescue also provides temporary shelter for companion animals of the homeless while their humans are seeking help for chemical dependency or medical attention themselves.

PREGNANCY / PREGNANCY TESTS

Emergency Contraception Hotline	888-668-2528
Family Planning Hotline	800-770-4334
Possibilities Pregnancy Center 1017 W Main Street, Centralia	360-330-2229
Planned Parenthood (Cost of pregnancy test at Planned Parenthood is \$20.) 1020 W Main Street, Centralia	360-330-2899
WIC 360 NW North Street, Chehalis	360-740-1255 or 800-322-2588

VOCATIONAL & EMPLOYMENT SERVICES

American Workforce Group, Inc. www.americanworkforcegroup.net 321 Maurin Road, Suite A7/A8, Chehalis	360-345-1444
ASAP Business Solutions www.asapbiz.com 2048 Kresky Avenue, Chehalis	360-996-4271
Express Personnel Services centraliawa.expresspros.com 1126 S Gold Street, Suite 102, Centralia	360-330-9050
Kelly Services www.kellyservices.us/us/ushome 111 Market Street NE, Suite 340, Olympia	800-233-9282
Labor Ready www.laborready.com 418 N Tower Avenue, Centralia	360-807-8922
Lewis County Work Opportunities www.lcworkop.org 122 Sears Road, Chehalis Provides industrial job training, supported employment, job coaching, and job development services. E-mail: info@lcworkop.org	360-748-9921
Morningside www.morningsideservices.com 605 W Main Street, Centralia	360-807-2100
Remedy Staffing www.remedystaff.com/RemedyStaff/main.cfm?nlvl1=1 1101 Eastside Street SE, Suite A, Olympia	360-357-3006
Total Employment and Management (TEAM) www.teamshome.com 1791 NE Kresky Avenue, Chehalis	360-740-8832
WorkSource Lewis County www.wa.gov/esd/ws/lewis 151 NE Hampe Way, Chehalis	360-748-2360
YWCA Women's Economic Empowerment Program http://ywcaofolympia.org/programs 220 Union Avenue SE, Olympia For young women ages 16 to 24 and able to attend class from 9am to 5pm Tuesdays, Wednesdays, & Thursdays. - Gain work-based learning experience at the YWCA Other Bank, attend skill-building workshops, receive a stipend, earn certification for high-demand industries, gain friends and confidence in weekly support circles, transportation from Mason, Lewis, Pacific and Grays Harbor included.	360-352-0593

IN HOME HEALTH CARE

Assured Hospice 2120 Northpark Street, Suite B, Centralia	360-330-2640
Providence Sound Home Care & Hospice	360-330-8585
Home & Community Services 3451 Galvin Road, Centralia	360-807-7150 Toll Free 800-487-0360

TRANSPORTATION

Auto-Care Ministry of Centralia Church of the Nazarene	360-736-9981
1119 W First Street, Centralia http://www.centraliachurch.com/#/home/auto-care	
Provides quality minor vehicle repairs and maintenance to those of the church and in the community who are single moms, widows, spouses of deployed military or financially distressed.	
<ul style="list-style-type: none">- Meets on the third Saturday of each month (except July & December) at 8:00am- A completed application is required for each owner to have their vehicle serviced & needs to be received in the church office at least one week before the next service date.- Provide LABOR ONLY. Each applicant is expected to pay for the parts & materials in the repairs or maintenance of their vehicle.	
Dial A Ride	360-748-0161
Cowlitz Indian Tribe Transit Services	360-232-8585
Dial a Ride Service in rural areas between South Lewis and Cowlitz Counties	
Serving Tribal Members and General Public with service up to 20 miles from the I-5 Corridor	
Glenoma Medical Transport (GMT)	360-498-5508
Grays Harbor Transit	800-562-9730
L.E.W.I.S. Mountain Highway Transit	360-496-5404
A general public, fixed route transportation service that provides access to communities between Packwood and the Twin Cities.	
<ul style="list-style-type: none">- Passenger Fare is \$3.00 per person each way- Current LMHT route schedule is listed on Centralia College's website at http://www.centralia.edu/students/transportation	
Love INC - PO Box 152, Chehalis	360-748-8611
Transportation to medical appointments.	360-748-8621
Paratransit / Medical Transit	800-846-5438
Hearing Impaired	TTY 800-934-5438
Fax	Fax 360-377-1528
PTA ADA Assistance Line	888-446-4511
Complaints about unfairness regarding public transit services	
Rural and Tribal Transportation (R/T)	800-650-7846
Provides accessible transportation services for the Nisqually Indian Tribe, the Confederated Tribes of the Chehalis Reservation, the communities of Rochester, Tenino, Bucoda, Rainier and Yelm and other portions of the Thurston Region outside Intercity Transit's service boundary.	
<ul style="list-style-type: none">- R/T connects to Intercity Transit in Thurston County and Twin Transit in Lewis County.- Accepts Intercity Transit and Twin Transit passes.	
Senior Transportation (Catholic Community Services)	360-748-0161
Must be 60 years of age or older	
Mainly for medical transportation	
Twin Transit - Centralia/Chehalis area	360-330-2072
<ul style="list-style-type: none">- Children ride free up to the age of 5	

INTERNET ASSISTANCE

Affordable Internet from Comcast	855-846-8376
Bring the Internet home for just \$9.95 a month.	
Call toll-free: 1-855-8-internet (1-855-846-8376). For more information visit: InternetEssentials.com	

SUPPORT GROUPS

AIDS Support Group (UCAN Olympia) www.ucan-wa.org/	360-352-2375
Alcohol and Drug Detox	360-748-4357
Alzheimer's Support Group	360-330-8717
American Cancer Society - Look Good, Feel Better	800-227-2345
Cascade Mental Health Care	360-330-9044
Choice Regional Health Network	800-981-2123
Community Outreach Worker DUI Safety	360-740-1450
Compassionate Friends - Loss of Child	360-330-8717
Developmental Disabilities	360-740-1284
Divorce Support - Chehalis 1st Baptist Church	360-748-8628
Gambling Help	360-352-1052

Balanced Perspectives Counseling (Big Rock Medical Plaza)
1610 Bishop Road, Suite 105, Tumwater

National Alliance on Mental Illness (NAMI)

NAMI Educational Support Group to learn about variety of topics: 1st Tuesday of each month, 6:00pm-7:30pm, Chehalis Public Library (open meeting). Everyone is welcome!

Contact: Sherry, 360-880-8070

NAMI Family Support Group for family, caretakers, and friends of persons with mental illness.

Evening Group: 3rd Tuesday of each month, 6:00pm-7:30pm, Chehalis Public Library.

Contact: Klaus & Marianne, 360-736-5319

Daytime Group: Every Wednesday, 12:00pm-1:00pm, Fiddlers Coffee, 1220 Mellen Street, Centralia, Upstairs room.

Contact: Diane, 253-273-6035

NAMI Connections Recovery Support Group for adults with a mental illness, regardless of their diagnosis.

Evening Group: Every Tuesday, 5:30pm-7:00pm, Twin Cities Senior Center, 2545 N National Avenue, Chehalis.

Contact: Debbie, 360-324-2541

Daytime Group: Every Thursday, 2:00-3:30pm, Centralia United Methodist Church, 506 S Washington Avenue, Centralia, in the Mary Room.

Contact: Melissa 253-736-2073

NAMI Family to Family Education Program is a free 12-session course for family, caregivers, and friends of individuals with severe mental illness. Classes to be announced.

Contact: Sherry, 360-880-8070, for more information and next scheduled course.

Parkinson's Support Group

Bethel Church, 132 Kirkland Road, Chehalis/Napavine
2nd Thursday of every month at 1:00pm

800-426-6806

360-273-9987

Sexual Abuse / Assault Therapy and Support Groups

Evergreen Psychological Associates PLLC, Dr. Kennedy; 201 N Rock Street, Centralia 360-623-1018

Human Response Network 360-748-6601

Toll Free 800-244-7414

NW Family Therapy (Hispanic) 1034 S Market, Chehalis 360-748-6580

VETERANS AFFAIRS

The American Legion Department of Washington

Centralia:

Post 17 (granthodgepost17@msn.com) 111 1/2 W Main Street, Centralia 360-736-3755

Post 1925 (donhays@comcast.net) P.O. Box 1733, Centralia

Chehalis:

Post 22 (legionpost22@compprime.com) P.O. Box 1424, Chehalis 360-740-7889

Vader:

Post 71 P.O. Box 175, Vader 360-295-3559

Winlock:

Post 101 (tazz505@hotmail.com) P.O. Box 160, Winlock

Mineral:

Post 171 (legionpost171@gmail.com) PO Box 50, Mineral 360-492-3000

Morton:

Post 215 (michaelweb@msn.com) P.O. Box 841, Morton

Onalaska:

Post 508 (membershiponalaska@yahoo.com) P.O. Box 819, Onalaska

Disabled American Veterans (DAV) Lewis County #29 360-245-3357

111 1/2 W Main Street Am Legion, Centralia (wa29mail@davfrat.org)

Lewis County Veterans' Relief Fund 360-740-1417

The fund is designed to help eligible veterans and families needing emergency help for: food, gas, rent, utilities, funerals. or
360-740-1223

Where to apply:

Lewis County Public Health Department, 360 NW North Street, Chehalis

Lewis County PUD Building, Morton

- Only on the 3rd Wednesday of the month from 12:00pm to 2:00pm (subject to change)

Call the information line to find out times for Packwood, Mineral, Winlock, and Toledo.

Marine Corps League Detachment 1119 - Lewis County P.O. Box 74, Centralia 360-339-3446

National Call Center for Homeless Veterans 877-424-3838

The VA has founded a National Call Center for Veterans who are homeless or at risk of becoming homeless that provides free 24/7 access to trained counselors.

Call 1-877-4AID VET (1-877-424-3838) 24 hours a day, 7 days a week.

(<http://www.va.gov/HOMELESS/NationalCallCenter.asp>)

South Sound Community-Based Outpatient Clinic 360-748-3049

151 NE Hampe Way, Suite B2-6, Chehalis (in the Lewis County Mall)

(<http://www.pugetsound.va.gov/visitors/southsound.asp>)

Veterans Assistance Fund (Veterans Food Vouchers)

West Lewis County: Public Health Building, 360 NW North Street, Chehalis 360-740-1223

Mondays from 9:30am to 12:30pm - Call to make an appointment for another time 800-562-6130

Vouchers for West Lewis County may be used at Shop N Kart. ext. 1223

East Lewis County: Morton PUD (Conference Room), 240 7th Street, Morton

4th Thursday of each month from 12:00pm to 3:00pm

Vouchers for East Lewis County may be used at either Morton IGA or Morton Sentry Market

VETERANS AFFAIRS continued

Veterans of Foreign Wars (VFW)

<u>Post 2200</u>	608 W 2nd Street, Chehalis	360-736-6852
<u>Post 3409</u>	P.O. Box 678, Winlock	360-785-9237
<u>Post 12012</u>	P.O. Box 819, Onalaska	360-978-4523
<u>Post 5522</u>	P.O. Box 23, Pe Ell	360-291-3963
<u>Post 3429</u>	P.O. Box 756, Toledo	360-785-4690
<u>Post 5439</u>	150 Valley View Drive, Mossyrock	360-983-3404

VIP Veteran Supportive Housing

866-255-2799

1207 Commerce Avenue, Longview

Housing Opportunities of SW Washington's VIP (Veteran Integration Program) in partnership with local community organizations, the Dept. of Veteran Affairs, and the local VA Medical Center, is assisting homeless & imminently homeless veterans and their families become residentially stable and self-sufficient.

LEGAL

Community Action Council Crime Victims Advocacy 360-736-1800

<http://www.caclmt.org/lewis-mason-county-crime-victim-service-center/>

Columbia Legal Services <http://columbialegal.org/> 800-260-6260

Crime Victims Advocacy Network (Region 11) <http://www.cvan11.org/>
24 Hour Toll Free Victim Hotline 888-288-9221

A network of advocates working with those hurt or harmed by crime in Mason, Thurston, Lewis, Grays Harbor and Pacific Counties. They work to protect the rights and dignity of crime victims by providing them with support, referrals and advocacy in a compassionate, proactive and empowering manner.

Lewis County Bar Legal Aid <http://lcbia.org/> 360-748-0430

19 SW Cascade Avenue, Chehalis

Northwest Justice Project (Free Legal Services) <http://nwjustice.org/>

Coordinated Legal Education, Advice and Referral (CLEAR)

- CLEAR (low-income) 888-201-1014

- CLEAR Senior (60 and over) 888-387-7111

Victim/Witness Notification Program 800-422-1536

Washington LawHelp

Free legal information is available at www.washingtonlawhelp.org

CHILDREN'S / YOUTH SERVICES

- Abuse & Assault - Children** 888-713-6115
- Access to Baby & Child Dentistry** Choice Regional Health Network- www.crhn.org 360-539-7576
1217 Fourth Avenue E, Suite 200, Olympia ext. 103
Oral health/nutrition education and help with access to dental care for low-income families with young children.
- Adoption Services - Children & Family Services** 360-807-7080
- Child and Family Studies - Education for Families and Parenting**
Offered quarterly by Centralia College.
Contact Linda Wilcox at 360-736-9391 ext. 464 or ext. 298
- Child Find** <http://www.childfindofamerica.org/> 800-426-5678
- Community Youth Services (CYS)** <http://www.communityyouthservices.org/> 360-943-0780
711 State Avenue NE, Olympia (also serve Lewis County residents) Toll Free 888-698-1816
Community Youth Services empowers youth at-risk and their families to meet their goals for safety, stability, belonging and success by providing a continuum of individualized services and advocacy.
- The Early Childhood Education and Assistance Program (ECEAP)**
This program is designed for 3 and 4 year old children and their families. The program helps children and families with school readiness and school success.
Contact Christina Martin at 360-736-9391 ext. 460
- GRAVITY (Lewis County Youth Programs)** 360-748-4441
135 Prindle Street, Chehalis
Helps students with GED preparation (and in some cases credit retrieval), provide study and testing aid, as well as cover the costs of GED testing.
- In-Tot Developmental Center** 701 Pioneer Way, Centralia (<http://www.in-tot.com/>) 360-736-4359
Serving children and their families, providing education, developmental information, assessment and evaluation, speech therapy, occupational and feeding therapy. Family services coordination, information for community resources. Child development information. Parent-to-parent and parent support groups also.
- Kids' Clothing Bank and Exchange** Kids' clothing, 6 months to 6T. 360-748-3702
Chehalis First Christian Church: 111 NW Prindle, Chehalis
Every Saturday from 1:00pm to 3:00pm.
- Kid's Dental** <http://washingtonkidsdental.com/> 360-736-5437
1611 Kresky Avenue, Suite D, Centralia
- Lewis County Foster Parent Association** 360-880-5330
<https://www.facebook.com/Lewis-County-Foster-Parent-Association-691205280946126/timeline/>
- Lewis County Head Start** <http://www.lewiscountyheadstart.com/> 360-736-1696
Centers located in Centralia, Randle, Salkum, Toledo, and Chehalis
- Pope's Kids Place** 360-736-9147
230 Washington Way, Centralia
- Teen Help Hotline** 800-400-0900
- WIC (Women Infants Children)** 800-322-2588
360 NW North Street, Chehalis 360-740-1255
- Youth Advocacy Center of Lewis County** 1911 Cooks Hill Road, Centralia (www.yaclc.com) 360-623-1990
Provide a child-focused and coordinated response to child victims of abuse, neglect, sexual assault and witnessing domestic violence or violence and their non-offending family members. They support through investigation, prosecution processes and connect them to services to get onto a path of health and well-being. They also provide free education on child abuse prevention and information through the Darkness to Light's *Stewards of Children* program
- Youth Crisis Hotline** 877-345-8336

Food Banks of Lewis County

Name and Hours of Operation

Phone

Centralia:

Salvation Army, 303 N Gold Street, Centralia 360-736-4339
Mon.-Fri. 10:00am-3:45pm (closed 11:45am-1pm for Lunch)

** NOTE: If a food client needs to be seen outside of regular food bank hours, they will need to call for the referral and set up an appointment. Emergency food bank clients can expect significantly less supplies than they would be given during normal food bank hours.*

Destiny Christian Center, 413 N Tower Avenue, Centralia 360-736-0201
Last Saturday of every month from 9:00am - 10:30am

Gather Church Food Bank, 104 S Rock Street, Centralia 360-827-0264
Thursdays from 5:30pm - 6:30pm

Chehalis:

Greater Chehalis Food Bank, 750 SW 21st Street 360-748-1226
Friday 12:30pm - 3:00pm (on the 1-acre lot behind Lewis County Fire District 6)

Jackson Prairie Church Food Bank, 4224 Jackson Highway, Chehalis 360-262-9533
Mondays from 9:00am - 12:00pm

Mineral:

Food Bank at Mineral Neighborhood Christian Center, 127 Mineral Road N 360-492-3491
Wednesdays from 12:00pm - 3:00pm

Morton:

Food Bank at Sacred Heart Church, 7th and W Adams 360-496-5456
Monday through Wednesday from 11:30am - 2:30pm

Pe Ell:

Food Bank at St. Joseph's Church, 417 N Main 360-291-3434
Last Wednesday of each month, 11:00 am - 12:00 pm (Nov/Dec are one week earlier)
** includes zip codes from Pe Ell, Doty, Dryad and Curtis--need proof of physical address*

Randle / White Pass:

White Pass Food Bank, Randle United Methodist Church, 116 Kindle Road, Randle
1st and 3rd Friday of each month, 9:00am - 11:00am
- Art Morris: 360-497-5192 or Dottie Riley: 360-497-5193

Silver Creek:

SOMMA Food Bank, 144 Wilcox Road, Salkum (right across from church) 360-985-7211
First four Wednesdays of each month, 9:00am - 12:00pm
** includes zip codes from Cinebar, Ethel, Mossy Rock, Onalaska, Salkum, Silver Creek*

Food Banks of Lewis County continued

Toledo:

Toledo Food Bank, City Hall, 130 N 2nd Street (in back) 360-978-6448
2nd & 4th Friday of the month, 10:00am - 1:00pm (Nov/Dec are on the Monday before the holiday)

Toledo New Life Assembly, 420 Silver Street, Toledo 360-864-4366
Last Tuesday and Wednesday of each month from 10:00am to 12:00pm

Winlock / Vader:

Winlock Food Bank, Sak's 1st Avenue Building (in back) 360-785-3909
Wednesday 11:00am - 2:00pm

Commodities for Lewis County Residents

Name and Hours of Operation

Phone

Centralia:

360-736-4339

Salvation Army, 303 N Gold Street
Mon.-Fri. 10:00am-4:00pm (closed 12:00pm-1:00pm for Lunch)

Pe Ell:

360-291-3434

VFW Hall, 411 S 1st Street
2nd Monday of every month, 10:00am - 12:00pm

** includes zip codes from Pe Ell, Doty, Dryad and Curtis*

Toledo:

360-978-6448

Toledo Food Bank, City Hall (in back)
2nd and 4th Friday of the month, 10:00am - 1:00pm
**please call first to verify if commodities are available*

Winlock:

360-785-4325

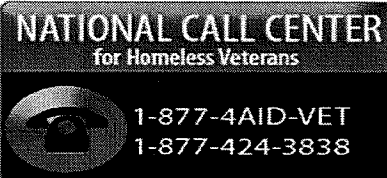
Olequa Senior Center, 119 SW Kerron Street
Last Friday of the month, 9:00am - 11:00am

Easy way to get help and give help

2-1-1

Get Connected with housing, food, medical care, transportation, child care, tutoring, senior services and much more.

www.win211.org



SUBSIDIZED & AFFORDABLE HOUSING IN LEWIS COUNTY

If you are currently experiencing homelessness, please contact the Housing Resource Center @ 360-736-5140.

Subsidized Housing = must income qualify; rent will adjust depending on income. Waiting lists vary 6 months to 2 years long.

Brindlewood	1401 Johnson Rd. Centralia, WA 98531	360-736-2388
Park Place	105 Haywire Rd. Napavine, WA 98565	360-262-3972
Chehalis Ave.	366 SW 3 rd St. Chehalis, WA 98531	360-748-3281
Virginia Station	N. Pearl and Virginia Dr. Centralia, WA 98531	360-736-7864

Tax Credit = must income qualify; rent is standard (does not adjust) depending on income. Rent is affordable. No wait list. Call monthly between 1st and 10th for availability.

Harrison Village	1402 Harrison Ave. Centralia, WA 98531	360-736-3117
Chehalis Valley	1025 SW 20 th St. Chehalis, WA 98532	360-740-6081
South Creek	1101 Scammon Creek Centralia, WA 98531	360-330-1836
Russell Road	2802 Russell Road Centralia, WA 98531	360-807-1900
Corridor	2804 Russell Road Centralia, WA 98531	360-330-2980

Farm Worker Housing (tax credit) = for people working in seasonal farm work. (National Frozen Foods is a qualifying job if you work with raw material. Not packaged or frozen materials.) People working on the line or in the lab could be eligible. Christmas tree farms may qualify. Must income qualify; rent is standard depending on income.

La Casa De La Familia Santa	1809 Pearl Street Centralia, WA 98531	360-736-0558
Villa San Juan Batista	2613 Cooks Hill Rd Centralia, WA 98531	360-807-6285
Villa Los Milagros	3115 Ives Road Centralia, WA 98531	360-736-7275 or 360-736-7405

Permanent supportive housing for people who are homeless without children = Rent is determined by income and offers long-term support services. No Children

Reliable Place (most units share with one other person)	201 W. Reynolds Ave. Centralia, WA 98531	360-736-0679
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SUBSIDIZED & AFFORDABLE HOUSING IN LEWIS COUNTY

Senior subsidized housing = must be 62 or older (unless otherwise noted.) Must income qualify; rent adjusts by income. Wait lists may vary.

Centralia Manor	303 W. Pine Centralia, WA 98531	360-736-8185
Lewis and Clark (55 and over)	117 W. Magnolia Centralia, WA 98531	360-736-5358
Chehalis Manor	300 S. Market Blvd. Chehalis, WA 98532	360-748-6261
Providence Blanchet House	1700 Providence Lane Centralia, WA 98531	360-330-8748
Providence Rossi House	1720 Providence Lane Centralia, WA 98531	Same as above
Providence Place	350 SE Washington Ave. Chehalis, WA 98531	360-740-7518
Candlewood (18 subsidized units)	1322 Harrison Ave. Centralia, WA 98531	360-736-5037
Allegra Villa	207 E. Walnut Winlock, WA 98596	360-785-4521
Tilton River Court	302 First St. Morton, WA 98356	(360) 496-1971
Cambridge	1429 Johnson Rd. Centralia, WA 98531	360-736-5463
Chehalis Manor	300 S. Market Blvd. Chehalis, WA 98532	360-748-6261

Senior Tax Credit= must be 55 with a disability or 62 or older. Qualify by income; standard rent.

The Vintage at Chehalis	1590 N National Chehalis, WA 98532	360-740-1029
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Housing for people with disabilities = Subsidized by income. Call for availability. Wait lists may vary. Call for availability.

Candlewood (18 subsidized units)	1322 Harrison Ave. Centralia, WA 98531	360-736-5037
Tilton River Court	302 First St. Morton, WA 98356	360-496-1971
Allegra Villa	207 E. Walnut Winlock, WA 98596	360-785-4521
Reliable Place (most units share with one other person)	201 W. Reynolds Ave. Centralia, WA 98531	360-736-0679
Cambridge	1429 Johnson Rd. Centralia, WA 98531	360-736-5463

Help with paying for your prescriptions !!!!

*These programs offer free or low-cost prescriptions to
Seniors and low-income families
with no medical insurance.*

*These programs are **NOT** run by **DSHS**.*

RX Help for Washington

1-877-923-6779

www.rxhelpforwa.org

The Medicine Program

(573) 996-7300

www.themedicineprogram.com

(ask for Debbie)

Washington Prescription Drug Program

Enrollment: 1-800-913-4146

Customer Service: 1-800-913-4311

www.rx.wa.gov

CHOICE Regional Network

1-800-981-2123

www.needymeds.com

The Partnership for Prescription Assistance

1-800-762-4636

www.pparx.org/en

Walmart \$4.00 drug program

Go to www.walmart.com

for a list of participating
prescriptions

or

go to your local Walmart pharmacy

FamilyWize

Community Service Partnership, Inc

FREE Prescription Discount Card

1-866-810-3784

<http://familywize.org/>